Realization

That Which Flows

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ABSTRACT

That of which form is composed is Emptiness, Beingness, Formlessness, whereas form itself is just a pattern of flow that arises where Emptiness, Beingness, Formlessness flows in relation to Itself.

Key Words: form, emptiness, beingness, formlessness, flow.

There is a subtle difference between knowing yourself as form and Knowing yourself as That of which form is composed.

That of which form is composed is Emptiness, Beingness, Formlessness, whereas form itself is just a pattern of flow that arises where Emptiness, Beingness, Formlessness flows in relation to Itself.

Because form is composed of That which is formless, it is easy for the Formless to mistake Itself for form, easy for That which flows to mistake itself for what is only a pattern of its Own flow.

It is as if water, when flowing in the pattern that we call a whirlpool, then thought of itself as only the form, as only the pattern of flow, and not as that which flows, thereby becoming blind to its true nature.

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When you are at home
you may be a father or a mother,
and when you go to work
you may be a boss or an employee.

But these are just forms,
whirlpools that arise,
where what you actually Are
flows in relation to Itself.

What you actually Are
is That which knows itself
as father or mother,
as boss or employee.

What you actually Are
is That which knows itself
as whatever form
you think of yourself as being.

What you actually Are
is That which knows itself
as whatever form
you think of as your being.

For That which knows itself
as these various forms,
which change according to circumstances,
does not Itself change
just because it flows
into this or that form,
as water does not change
just because it flows
in this or that pattern.

Find within yourself
That which does not change
as circumstances change,
That which does not come and go
as forms come and go,
and you will have found
your True Nature.

You are not
a pattern of flow
that comes and goes.
You are That which flows,
That which, in flowing
creates the patterns,
creates the forms,
that come and go.

And That which flows
is not other than
That which knows.