## Realization

## Knowing & knowing

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## ABSTRACT

The Knowledge that the Formless gives is the Consciousness of Itself - Formlessness apprehending Formlessness. The knowledge that form gives is the Consciousness of an object - the Consciousness of a form - Formlessness apprehending form. Thus, both Knowledge and knowledge are apprehended by the same Formlessness.

Key Words: knowledge, form, formlessness, Consciousness.

Do not look to form for certainty. Do not look to the Formless for definition.

The Formless can give you certainty. Form can give you definition.

Do not look for in one What can only be given By the other.

The certainty that the Formless gives Is its own Presence.

The definition that form gives Is its very existence.

The definition that form gives Is knowledge.

The certainty that the Formless gives Is Knowledge.

So it is that The Formless cannot be defined, Cannot be known, As an object, As a form, But can be Known,

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Directly, As That which Is In the absence of form, And as That which still Is In the presence of form.

The Knowledge that the Formless gives Is the Consciousness of Itself.

Formlessness apprehending Formlessness.

The knowledge that form gives Is the Consciousness of an object, The Consciousness of a form.

Formlessness apprehending form.

Thus, both Knowledge and knowledge Are apprehended by the same Formlessness.

It may seem that the Formless That knows itself as an object, As a form, Is different or other than The Formless that Knows Itself As It Is, As the Formless.

And so we venerate the Latter, While denigrating the Former. Seeing one as higher And the other as lower.

But this is an illusion, As the Formless Is One. Non-dual. Neither higher nor lower.

Only when viewed through the lens of duality, The lens of form, Does the Formless appear to Itself As something other than One.

When viewed through the lens of form, The duality inherent in form Becomes superimposed Upon That which Is forever Non-dual, Upon That which Is eternally One.

A river may diverge for a short span Before it meets up with itself again, With one branch flowing smoothly While the other may contain much turbulence.

If only the branches are seen, There seem to be two different rivers.

But from a broader perspective There is seen to be only one river With two ways of flowing.

Those who Know Only venerate, Because they see only the One.

Those who only know Both venerate and denigrate, Because they see the one and the other.

Those who Know Are not better than, Or other than, Those who only know.

Those who only know Just know something That those who Know Do not.

Those who only know Are filled with the forms that arise Where the Flow of the River Is turbulent.

Those who Know Are filled with the Formlessness That Is Where the Flow of the River Is smooth or turbulent.

Sometimes I Know, While at other times I only know. When I Know, I Know that whether I Know or only know Does not really matter.

For when I Know, I Know that when I only know That I am not something other than What I Am When I Know.

But when I only know That Knowledge is obscured, And it then seems That when I only know, That I am something less Than what I was When I Knew What I no longer Know.

And so when I only know I try to add to myself, To find myself, And in so doing Just create more turbulence.

And when the Flow becomes rough enough I wake up again And Know.

Such a game. Such a ride.