

Realization

At One with All Life

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ABSTRACT

At One with all Life. No longer just a concept, but the direct Realization of the indivisible Formlessness that just Is.

Key Words: life, realization, indivisible, formlessness.

At One with all Life.
No longer just a concept,
But the direct Realization
Of my essential Nature.

The direct Realization
Of the essential Nature
Of all Beings,
Of all that cloaks Itself in form,
And of all that still remains formless.

The Realization that it is Formlessness
That apprehends form,
And that out of that same Formlessness
All forms arise,
Like swirls in a river,
As Formlessness flows in relation to Itself.

And because the I that apprehends form
Is formless,
I am devoid of form.

And because That out of which form arises,
And within which form exists,
Is formless,
It too is devoid of form.

And because I am formless,
And because It is formless,
There is nothing to separate

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Me from It,
No boundary to divide
What I Am
From what It Is.

Thus, what I Am,
As the Formlessness that apprehends form,
Is not separable from,
Or other than,
The Formlessness out of which all forms arise.

At One with all Life.
No longer just a concept,
But the direct Realization
Of the indivisible Formlessness
That just Is.