**Essay** 

# **Understanding the Lord's Prayer**

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#### **Abstract**

Prayer is not a psychoactive chant that may trigger a meditative mood or transfigure us into a mystic. It is a simple set of words that are metaphorically arranged which induces a state of being aware and conscious beyond the mundane. It makes an amendment between us and God and makes us to be aware of God, Its creation and the purpose of our existence. The Lords' Prayer indeed conditions us to know the reality beyond the personality of the mind.

**Key Words:** God, Father, prayer, consciousness.

## Introduction

Scriptures teach us that Jesus educated us with the Lord's Prayer at the Sermon on the Mount. Narrating this prayer can build and strengthen our connections with God, the creator of all that exists around us. It is a perfect prayer of realization – A prayer that invokes our consciousness to feel and experience what God has created. A simple prayer that is understood by all but is filled with mystical wisdom that is known to question the meaning of life and our relation to God and the Universe. At first, it may seem as if it is a prayer that was recommended to fulfil desires; the inner meaning of which leads to questions like "Why should you ask or seek from God, when God has already given the emancipation to seek what one desires? For all that one can desire, is present around us; blinded in our egoistic mind, we yet seek even though there is no need to do so.

This prayer has the ability to guide us to all that God has provided us with and learn to control our minds to experience and reap the benefits of all that subsist is an effort from our end. A deeper inner understanding of these words, keeping aside the metaphorically acclaimed thoughts created by the mind, will give us the power to obtain and perceive God's beautiful design, not initiating our own.

## Lord's Prayer at the Sermon on the Mount

## "Our Father, who art in heaven, hallowed be thy name"

For all human kind, God resides in an imaginary space, that we call 'heaven'. Heaven according to scriptures is a place of purity, somewhere up in our blue sky that comprises of a white bearded man sitting on a throne, with angels and souls gathered around. Metaphorically written texts or philosophical scriptures can delude a reader and make the reader believe, what thou hast not been

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told to believe. God is no name; for God is the creator and there is no other like God. Heaven for us may be the most sanctified place; for it is our universe itself; what can be a more consecrated place than the universe itself, where all is mystical. Reality is never accepted by the mind; for those who follow the ego of the mind, carry the onus of being blind to reality; an entropic adaptation. The universe around us is beautiful; God resides in this beautiful kingdom created from nothingness; the universe is sacred with all that lies within it; thou hast created a sanctified kingdom for all and all that exist within it. Recitation of this prayer; we concede with the existence of heaven here on earth; God and the consecrated kingdom, we call heaven.

### "Thy Kingdom come, Thy will be done, on Earth, as it is in Heaven"

God created this sanctified kingdom; for all to admire its beauty; for thou hast created the universe for all beings; consciousness to realize what thou hast made. Through this prayer we can invoke our consciousness; our soul to feel and experience what thou hast made. For heaven and Earth are all part of the same universe and the universe's that exist beyond what we perceive. For beings with a lower form of consciousness; the lesser intelligent lot that we intelligent beings claim as sentience, feel and experience God's creation in a brighter and sanctified approach, than our egoistic mind. As we pray, we adore and respect the creation of God; acknowledge what thou hast done for us; for we still don't perceive what God requires until we look inside our own selves. When you look into your inner self; your conscious soul, we shall never ask seek that thou hast given; for it opens our mind and we experience reality; God's presence in all that exist around us and therefore we experience the presence of his kingdom; as it is in our acclaimed heaven. The will of God is the art of experiencing every bit of our existence; for it is the answer to the differences that we create in suggesting and proving the existence of heaven, hell and earth; they are forms of what thou hast created but divided by man.

## "Gives us this day, our daily bread"

We pray for nourishment for all that is and all that exists; for our soul, body and the mind. Therefore we live; for God has granted us the wish to live; and die when we feel our triumphs have overcome our desires; this is the cycle that connects us to God and the universe. God created the universe with all of it features; as planned; leaving none to be completed by man; for that is the reason that we are all content with all that thou hast given us. Sometimes we crave for what lies around us; blinded by our ego, to what exist around us. God has given in surplus and so we need not beg; but in vain; greediness makes the system unstable. Voracity for energy or exploitation of energy is when we desire for more than what we need; we ruin the solidity of our subsistence. Only through consciousness can we be aware of what thou hast given us and what lies around us; by nurturing consciousness and consumption of our soul. Abuse of consciousness for materialism makes thy neighbour weak but when shared in full, nurtures the whole lot that God formed; conceding for all that thou hast given.

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## "And forgive us our trespasses, as we forgive those who trespass against us"

Is sin a man-made perception? If God made everything perfect then where is the scope for sin to prevail? God created the universe and there is no other than God who can or will ever attempt to do so. All that there is, is a perplexed creation, and there is none other, who can do so, other than God. Sin is a concept raised and nurtured by the egoistic human mind; a categorization of type; we sin because of its benefits. For us to sin we need guidance from the devil; a ridiculous model bent from ego; created by man for the sake of man and his benefits; referred as the fallen angel. This metaphoric model has therefore given us the emancipation to sin and seek forgiveness or forgive for those who sin; God cannot be busy forgiving people for their sins; for thou is busy nurturing all that thou hast created. Forgiveness is a gimmick; a tool used by man to execute sin; effect of entropy that creates the devil and the devil's deeds in our minds. There is no space for the devil to exist, when we have God; our creator of all that exists. There is no other than God or any other who can take the place of God; it is our mind that that plays the game of evil and sin; therefore there actually is no forgiveness. Consciousness if strong and controlled will never allow the mind to accept the concept of sin; for God is the shepherd of our consciousness; God will forever guide us and helps us deliver the beauty of our consciousness to us and to all around us. This phrase is a realization of the unity that needs to exist between beings; to accept what God has done for all; to adore his creation and all that exist within that creation.

### "Lead us not into temptation, but deliver us from all that is evil"

What is temptation? The usage of the word temptation in God's prayer, is to make us aware of our limits of satisfaction; our limits of our desires. For it does not mean that temptation is always bad; we are tempted because of the desires of the mind. There is no scope for bad; all is good and created in goodness and persist in goodness; for the desires for more can lead to the experience of other than satisfaction; of what we call as evil. Our ability to think has made us think of things other than the goodness that we are blessed with; why should we censure it on the devil, when the devil dwells in our minds; evil is the creativity of our minds. Consciousness drives away all the negativity of the devilish thoughts but we need to fill ourselves with this energy; we need to enrich our souls; drive consciousness to experience more than the creation of the evil. Need and greed; altered states of satisfaction and uncontrolled desires of violating the gift of consciousness compel us things which may lead to a state of overwhelmed goodness; we designate as evil. A robber may rob a bank for his need; but for society its evil; it's a bad gesture. What if there was no bank and money had no value, would he rob a bank? In this scenario it would be perceived as the other; for in the limits of his consciousness, he abused it to achieve but in the context of God, he did what he felt; he did it for his need and therefore he shall be forgiven, as insinuated by the mind. For there is no evil; therefore there is no devil; God is all and God will be all, we need to realize that thou hast given us more than what we need, for which we need to follow thy will and leave no space for evil to rise; for there can be no evil in the midst of our creator. For how thou hast created and thou hast the power to make no evil endure; for God is the single point of singularity for where all things came.

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## "For the kingdom, the power and the glory are yours, now and forever"

The kingdom of God is a gift and is what we see, what we experience and that which we cannot convey as it is beyond the imagination of the mind. It is immeasurable and therefore cannot be perceived by all in one life time; for the soul seeks to live the next for this is the flow of consciousness in the presence of matter; free energy without it. The energy within us seeks to experience all that God has created and therefore transforms; for all is so beautiful around us that the energy longs to be with the creator's works. God is beyond our mind; utilizes our mind to make us feel and experience; until the eternity of all the laws that we know and what we don't know, that govern us. Through the power of consciousness; the soul, God connects all beings in this universe; for God created all in goodness and goodness shall prevail. Controlling our mind can make us feel explicit; for it is the mind that takes us away from God and therefore through acknowledging what God has provided and using what God has provided, we can connect and build our consciousness; to realize all that God has given and all that God has created in abundance. The creation will stay forever and ever with our minds changing forever and ever where one's consciousness will be experienced when used and may distort when abused leading to refresh in the cycle of life by means of an event called death.

### Conclusion

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Awakening of consciousness is the biggest secret of the Lord's Prayer. It is not a psychoactive chant that may trigger a meditative mood or transform us into the state of mysticism. It is a simple set of words that are metaphorically arranged which induces a state of being aware and conscious beyond the mundane. It makes an amendment between us and God and makes us to be aware of God, Its creation and the purpose of our existence. God is that single point of singularity that made all that is. No other shall take thy place or attempt to do so, for it is regulated by the goodness of God with no place for the mind. All that is, is all that exists beyond which there is no other that exists. Effective utilization of thy consciousness keeps us connected with God and all that thou hast created - a wonderful mystical world full of experiences for each one of us.