Realization

The Matrix of Form

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ABSTRACT

The Universe is just the Unchanging flowing through an opening that has arisen within Itself. The One appearing as the many. Lost in the appearance, identified with the appearance, the underlying Actuality vanishes while always still there as That which is aware of all appearances. In this way the Changeless, while flowing through the opening that is the human Form, becomes lost in a matrix of form. And so humanity seems trapped within that matrix, within the matrix of form. But beyond that matrix is not some hidden hellscape, but is the paradise lost of our own formless Being. It is the matrix of form in which we are lost, in which we have trapped ourselves, that is the hellscape, the arena of suffering, we wish to escape.

Key Words: Matrix of form, Universe, Changeless, opening, flowing, appearance, suffering.

The changing is just the Unchanging flowing through Itself.

The changing is just the Unchanging moving in relation to Itself.

The changing is just the appearance of the Unchanging as it flows through Itself.

The changing is just the appearance of the Unchanging as it moves in relation to Itself.

The Universe is just the Unchanging flowing through an opening that has arisen within Itself.

And within the Universe,

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within the Unchanging that appears as the changing, other openings arise through which the Unchanging flows.

Openings within openings, flows within flows.

What we call Stars are themselves openings through which the Unchanging flows.

And everything we call life is itself an opening through which the Unchanging flows.

This is why Tolle says you do not have a life but that you are Life.

Because what you are is not the form that arises, not the pattern of flow, not that which changes, as these are only appearances that arise on the surface of That which flows, of That which is Life.

Because what you are is That which flows, That which is Life, That which is Unchanging, flowing through an opening that has arisen within Itself.

And so the unchanging Beingness that flows forth as the Universe and then flows forth as the light of the Stars is not separable from nor other than the unchanging Beingness that flows through the body and so animates the body thereby giving it what we call life.

And that unchanging Beingness which flows forth as the Universe and as the light of the Stars and which animates the body, is not separable from nor other than the Formlessness by which the Universe, the Stars, and the body, are all known as form.

And so what it is that is actually there most directly where you are is not separable from nor other than what it is that is actually there most directly where everything else is.

Because what is actually there most directly where you are and what is actually there most directly where everything else is are not the forms that appear to be what is actually there, but is the formless Consciousness by which all those forms are known and within which all those forms appear.

And so the difference between what is there where you are and what is there where everything else is is only an appearance, only a reflection that arises on the surface of the unchanging, singular, and formless Beingness that is actually there where all form, including your idea of yourself, only appears to be.

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The Changeless appearing as that which changes. The Formless appearing as form. The One appearing as the many.

Lost in the appearance, identified with the appearance, the underlying Actuality vanishes while always still there as That which is aware of all appearances, leaving only the appearances to be known as real, and leaving what is actually there completely unaware completely unconscious of Itself, and so completely unknown to Itself.

In this way the Changeless, while flowing through the opening that is the human Form, becomes lost in a matrix of form.

And so humanity seems trapped within that matrix, within the matrix of form.

But beyond that matrix is not some hidden hellscape, but is the paradise lost of our own formless Being.

It is the matrix of form in which we are lost, in which we have trapped ourselves, that is the hellscape, the arena of suffering, we wish to escape.

But escape does not come through our reactive efforts

to eliminate this form or acquire that form.

Such efforts only cause the underlying Actuality to remain hidden, thereby causing the matrix of form to continue to appear as either the ultimate reality or as the only reality.

And so escape does not come through any conflict with what is, regardless of its appearance, because conflict with what is is actually, beyond the matrix of form, beyond the level of appearance, the conflict with our hidden Self that produces both the illusion and the suffering we are trying to escape.

Escape comes once one realizes there is actually no spoon, but only the appearance of a spoon, thereby allowing the Formlessness which underlies all appearances, and by which all appearances are known, to reappear, as a pool of water hidden in plain sight by a reflection that appears on its surface, reappears, once that reflection is no longer mistaken for what is actually there.

Escape comes once we see past the appearance, once we see past the illusion, that made poking ourselves in the eye with a pointed stick seem like a good idea.

Escape comes once we cease to be in conflict with what is, regardless of its appearance.

Escape comes once we cease to be in conflict with what is ultimately, beyond the matrix of form, beyond the level of appearance, our Self.

To be born human is to take the blue pill of form-identification that causes one's true Self to become hidden behind the matrix of form.

But to be born human is also to be offered the red pill of Awakening.

But the choice between red pill and blue pill, between Awakening and remaining asleep within the matrix of form, is not made just once but is being made continuously in each moment, which is always Now, according to our non-reaction or reaction to the forms that are arising within our Consciousness, which is Itself always Now.

And so the Unchanging, as it flows forth into the Universe through the human Form, offers Itself the choice in each moment, to either Awaken or remain asleep to its true and essential Nature. Understanding that, the only question that remains truly important is not which pill I chose to take in some past moment, which past moment is only an appearance within the matrix of form, nor which pill I will choose to take in some future moment, which future moment is also only an appearance within the matrix of form.

The only question that remains truly important is which pill am I choosing to take Now, in this moment, because this moment is the only moment there ever actually is, and so is the only moment that lies forever beyond and forever untouched by the web of appearances that is the matrix of form.