

## Letter to the Editor

### My Journey in Samapatti

Alan J. Oliver\*

#### ABSTRACT

I am aware that the Samapatti experiences and the two kinds of memory are, in accordance with the many Hindu traditions, only available to someone who is 'established' in the Samadhi state. Established meaning that is the person's normal state. Being born that way implies an individual level of attainment, as information, can influence an incoming life. In other words, it is the information which reincarnates.

**Key Words:** Journey, Samapatti, memory, Hindu, Yoga, Vedanta.

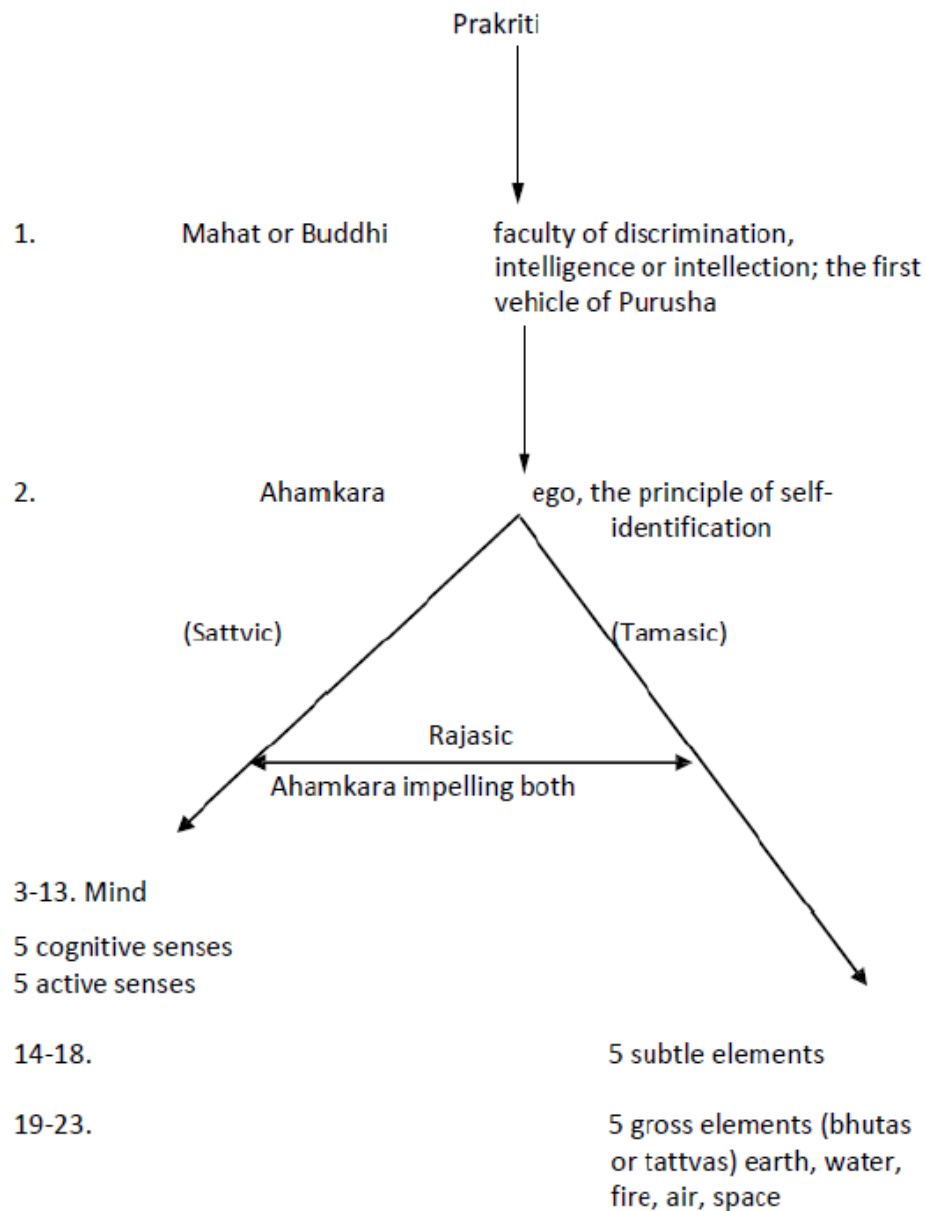
My recent article with Syamala Hari [1] has had me to face what my experiences represent so far as Yoga and Vedanta are concerned. I am aware that the Samapatti experiences and the two kinds of memory are, in accordance with the many Hindu traditions, only available to someone who is 'established' in the Samadhi state. Established meaning that is the person's normal state. I am also aware that those traditions say that one can (only) attain that state either through a long time studying and meditating under an accredited teacher/guru, or to have been born that way. As I have not had an accredited teacher or a long period of study, and that I have always been this way, it must be likely that we can say that I was born that way. Taking this last point to its logical conclusion it would be true, according to those Hindu traditions. Being born that way implies an individual level of attainment, as information, can influence an incoming life. In other words, it is the information which reincarnates and my Samapatti experiences show that reincarnation is a valid principle across the whole human spectrum irrespective of colour, race or creed.

This also validates the whole Yoga diagram in ways I did not fully understand when I quoted that picture of reality [2]. Of the five evolutes at the bottom of the diagram, earth, air water, fire and space, it is space which is significant in that the other four are involved with matter while space relates to information unmanifested and is given the title of Mahat, which is of course at the top of the diagram and it relates to Consciousness itself. In an individual life Consciousness manifests through modifications of the mind individuated as Ahamkara, I AM.

From all of this I must conclude that what I have written in your journals has been valuable so far as the ethos of your journals is concerned and I am grateful. I am indebted to Syamala Hari because her explanation from Vedanta has made me face what is implied in the term, "born that way". More than anything, this journey is ironic in that I have spent thirty or more years trying to become what I have been all along. It reminds me of a saying attributed to St Francis of Assisi; "The person you are looking to be is the one doing the looking".

---

\* Correspondence: Alan J. Oliver, Port Elliot, South Australia. E-mail: [thinkerman1@dodo.com.au](mailto:thinkerman1@dodo.com.au) Note: This paper first appeared in *Journal of Consciousness Exploration & Research*, 1(2): pp. 153-158 (2010).



## References

1. <http://scigod.com/index.php/sgj/article/view/43>
2. <http://scigod.com/index.php/sgj/article/view/391>