## Article

# What is God? A Spiritual Science approach

## Raul Valverde\*

#### Concordia University, Canada

#### Abstract

Spiritual scientists make an effort to merge science and religion. As humanity becomes more evolved and is in the search of a paradigm that helps to reconciliate science and religion, spiritual science has the potential to start to spread around the globe and become the new paradigm for the man of the future that does not longer need organized religions but only support and guidance to discover the God within. The discovery of God is a personal matter that requires more than a life time, however, it is the final goal of man to become unified with God. Spiritual science uses concepts from different fields including metaphysics, quantum physics, and parapsychology into a unified system that describes the multi-dimensional nature of man and the universe. The article proposes quantum physics as a possible answer to the scientific explanation of God's living within our consciousness and presents the spiritual science paradigm as a scientific method for the understanding of God.

Keywords: Metaphysics, quantum physics, Scientific GOD, spiritual Science.

### 1. Introduction

The great question in all the ages has been, "Who, or What, is God?" The answer to that question in all the ages has been determined by the degree of spiritual evolution and intelligence of the people who answer the question. It is an important question.

#### Who, or What, is God?

In order to understand God, it has been necessary for man to examine his handiwork, his creation. Great progress in the world has been made by a few men and women who have not been satisfied to think the same way everyone else thought about God in their times and decided to discover God although the established paradigms of their times; they have wanted to know the truth about these mighty problems that have claimed their attention. They like to go out on expeditions of their own. They are the Socrates, Plato, Moses, Jesus and Luther. Many people through history have died for their revolutionary view of God that has not been in accordance to the definition of

<sup>\*</sup> Correspondence: Raul Valverde, Concordia University, Canada. E-mail: raul.valverde@concordia.ca

God of their time.

What, is God?" is determined by the mental and spiritual level of evolution of the people and the age in which the question is propounded. Likewise, the answer to that question may satisfy in one age and degree of spiritual evolution, but it will not answer for another age and degree of spiritual evolution. The progress involved in the answer to that question in one age will not be satisfactory progress involved in answering the same question in another age. Man is unfolding and developing not only physically but mentally and spiritually through the years and this changes his understanding of God as he progresses in his evolution.

The second great question is relative to God's will in the universe and God's program for putting that will into effect. Our concept of God's program changes as our concept of God changes. In the search for God and God's will and God's program, people, according to their state of unfoldment or ability, first study the place where they live, then the world in which they live, and possibly on into other worlds. As the result of their investigation, they come to certain conclusions with reference to God and God's program for man. The next thing people do is to try to convert their fellowmen to their idea of God, attempting to force upon others their own idea of the whole matter. When their teachings are not favorably considered, they are disappointed, feeling that those who reject their teachings (their world view) are hopelessly lost, that they are denying God.

The difficulty is that mankind has taken the wrong approach to teach the concept of God. God cannot be known in that way, and the program for the execution of God's will cannot be discovered by such methods. Jesus said, "If any man will do His will, he shall know of the doctrine." John 7:17 What does this mean?

Jesus said according to the Gospel of St Thomas, "If your leaders say to you, 'Look, the (Father's) kingdom is in the sky,' then the birds of the sky will precede you. If they say to you, 'It is in the sea,' then the fish will precede you. Rather, the (Father's) kingdom is within you and it is outside you.

When you know yourselves, then you will be known, and you will understand that you are children of the living Father. But if you do not know yourselves, then you live in poverty, and you are the poverty."

It means that the only place that we can really find God is within. The only way or place that we can discover and comprehend the will of God is within, and the only successful and satisfactory program for the execution of God's will is to be discovered within.

Many religious systems have a rather mythological background, and a careful study of the principal religions will reveal some similarity in the story of their beginnings. The imagination,

as well as deep spiritual insight, has played a part in all religious teachings. The appeal has been

more to the emotions than to the intellect, although many of the leaders themselves have been people of great understanding and splendid mentality.

On the other hand, science examines phenomena and looks for the cause in every manifestation. It is not concerned with stated belief, but must know the truth of every proposition. It claims to believe nothing that it cannot fully understand; nevertheless, its own findings contradict that claim. The light of scientific research has brought forth many inventions and discoveries, some of which no one can fully explain. Neither do scientists have a clear understanding of where their knowledge comes from. They think it is clear reasoning of the intellect, and so it is in great measure, but if they closely watch their line of thinking they will discover that at a certain point their intellect seems to have reached its limit and could reason no further. Then in a flash they had the answer they sought; it seemed to come out of space. Most scientists would scorn to call it inspiration or intuition and really believe that they reasoned the whole matter through themselves.

In the past there has seemed to be a deep conflict between science and religion over which it was difficult to pass. Science has been able to explain much in religion that was formerly blind belief, and religion can give vitality to cold scientific facts and make them vibrate with life.

Spiritual science uses concepts from different fields including metaphysics, quantum physics, and parapsychology (Steiner 1999) into a unified system that describes the multi-dimensional nature of man and the universe. The article proposes quantum physics as a possible answer to the scientific explanation of God's living within our consciousness and presents the spiritual science paradigm as a scientific method for the understanding of God.

## 2. Quantum physics, God and Spiritual Science

Quantum physics is perhaps a possible answer to the scientific explanation of God's living within our consciousness. Quantum physics explains that the universe is made of quantum particles that are the cells of the universe and vibrating particles make different forms of energy and matter (Valverde 2016). Quantum physics explains that at the quantum level, particles that come from the same source are entangled regardless of space and time (Hu & Wu 2010). This means that two entangled particles can affect and communicate with each other instantaneously regardless of space between them. The Urantia book that is a revelation that claims to come from celestial beings, explains that souls are created from a source of light from a central universe where the universal mind resides (Urantia 1994). A scientific explanation to the Christian concept that God lives within is us could be explained with quantum entanglement, if our quantum particles are unified with the Universal mind, this Universal consciousness can be connected to us regardless

of space and be able to understand our feelings and emotions through quantum particle vibrations (Valverde 2018). So, the idea that God live within us can be explained with science and the idea that love is vibration can help us to understand that God's love really lives in us. God can really live through us and experience our lives. God is willing to reveal his nature to those that are willing to look within and communicate to him through the divine consciousness.

### 3. Metaphysics, God and Spiritual Science

Try to delete from your consciousness every thought that God, the Creator, or Universal Mind, is somewhere separate and apart from you. God is within you; look within yourself for guidance, and you will receive abundantly (Pannenber 2001).

Your exercise, faithfully followed, will help you to realize this God principle within and help to harmonize your body, intellect and soul. To develop your own consciousness of the truth, observe your periods of Silence daily. Daily meditation helps to discover and understand God. God is understood by analyzing your daily life and experiences, it is really by living your life at the fullest that you will be able to understand God. Life is the best teacher for God understanding.

In reality we are unified with all of God in us, and to the degree that we are conscious of that unification we can express the divine and demonstrate the power and perfection of the divine in our bodies and in our affairs (Oakes 1990). All there is of the individual - body, mind and spirit - is divine.

A primary step that leads you to a realization of unification with God is to continually square with the statement that God (Universal or Divine Mind) is all there is. To be unified is to be amalgamated, or joined, put together and made as one, and the ideal of the truth student is to come into a realization of his or her unification with God.

The most important thing in your life is self-recognized relationship with Universal Mind, or God. The whole structure of your life is built upon your concept of God and your feeling toward God. The nature and character of the God in whom you believe consciously will be stamped upon your life and affairs.

Much of the teaching in the past was based upon the concept of man's separateness or isolation from God, or the Creator. It was taught that God created people as distinct and separate beings and placed them upon the earth to work out their own salvation, individually. People were to worship and fear a supreme being whose abode was somewhere in space. If people obeyed the divine mandates they would be rewarded, but if they withheld obedience they would be punished.

For people in the West, the Bible was meant to contain all of God's law and was to be man's guide during his sojourn on the earth. But parts of the Bible are incomprehensible to most people, and spiritual leaders and teachers do not agree on the meaning of many passages. As a result,

there has been much confusion of thought regarding the whole question of God and religion.

Many people, to maintain their intellectual integrity, have renounced the distant God as has been portrayed and prefer to hold true to their feelings rather than accept what seems to them to be a doubtful proposition. Many of these people are sincere in their questionings and would gladly welcome a belief that would stand the test of logic and reason, for these fellow men, the spiritual science paradigm might be an alternative that would be bring them to the path of unification with the divine.

#### 4. Parapsychology, God and Spiritual Science

Psychic phenomena and parapsychology support the unity of God with man (McConnell, 1983). Perhaps the most known psychic phenomena that has been proven many times is telepathy. Science has many examples of successful telepathic experiments (Schlitz & Radin 2002). If every man is connected to God through its own consciousness, then every man is connected to any other man. Science and intellect helps humanity in the search of the purpose of man on earth by probing that men relate to each other through a common field that is God. Man is connected through God through quantum entanglement and at the same time each person is connected to each other by using the same process (Valverde 2018).

As you proceed on the path toward conscious unity with the Divine within you, you will find your former value concepts changing. Things that formerly took first place in importance will begin to assume their right significance, which may turn out to be no significance at all. As time goes on you will come to realize that nothing really matters but the fact that "the Father and I are one," or it could be said, The Creator and I are one. How are you to accomplish your purpose in gaining consciousness of your unity with all of God in you?

This is an individual proposition. Each person must do it for himself or herself. Teachers may help you and inspiration may come from various sources, but we must each do the work necessary for the attainment of our desired goal. Some have tried to earn this pearl through their devotion to religious work or charity, while others have traveled to foreign lands to convert strangers to a belief or creed. These people will not attain a consciousness of unity with the divine through such methods. If they do attain unity consciousness, they have done it through individual effort and attention to their own thought life, not through overt actions.

#### 4. Conclusion

As the modern man raises his level of consciousness, old paradigms of concepts of God that were accepted in the past are no longer able to respond to the needs of a man that is more conscious of his relationship with God. A new paradigm that merges science and religion is needed in modern times for this to happen, science would need to get more spiritual and religion more scientific to satisfy the need to learn about God and his relationship with man. Spiritual scientists try to merge science and religion and this would start to spread around the globe and will become the new paradigm for the man of the future that does not longer need organized religions but only support and guidance to discover God within. The discovery of God is a personal matter that requires more than a life time, however, it is the final goal of man to become unified with God. When man achieves this, man will stop suffering and will reach his full potential and will be able to use all his God attributes to the fullest including creative mind and other gifts of consciousness including psychic abilities such as telepathy, teleportation, spiritual healing, clairvoyance and telekinesis that are currently dormant in men because his alienation to God. It is only when men realize that they are unified with God and that the God within is all the power they need to live in harmony with the universe that the search for God will stop and men will start a new level of evolution with a supreme level of consciousness.

### References

- Hu H, Wu M (2010). Current landscape and future direction of theoretical & experimental quantum brain/mind/consciousness research. Journal of Consciousness Exploration & Research. 9;1(8).
- McConnell, R. A. (1983). An introduction to parapsychology in the context of science. RA McConnell.
- Oakes, R. (1990). Union with God: A Theory. Faith and Philosophy, 7(2), 165-176.
- Pannenberg, W. (2001). Metaphysics and the Idea of God. Wm. B. Eerdmans Publishing.
- Schlitz, M., & Radin, D. J. (2002). Telepathy in the ganzfeld: State of the evidence. W. Jonas e C. Crawford, orgs., Science and Spiritual Healing: A Critical Review of Research on Spiritual Healing," Energy" Medicine and Intentionality. Londres: Harcourt Health Services.
- Steiner, R. (1999). The philosophy of freedom (the philosophy of spiritual activity): The basis for a modern world conception: Some results of introspective observation following the methods of natural science. Rudolf Steiner Press.

The Urantia Book (1994). Uversa Press, Chicago.

- Valverde, R. (2016). Possible role of quantum physics in transpersonal & metaphysical psychology. *Journal of Consciousness Exploration & Research*, 7(4), 303-309.
- Valverde, R. (2018). Quantum Theory, Consciousness, God & the Theology of the Urantia Book. *Scientific GOD Journal*, *9*(6).