

Essay

All Efforts Are for the Soul

Domadala Pramod*

Mahatma Gandhi National Council of Rural Education, MHRD, Govt. of India, India

Abstract

All living entities possess a body and a soul. The body is conscious as long the soul exists. When the soul leaves the body, he is said to be dead. All living bodies put efforts from birth to death to protect as well as to retain the soul in the body. All natural processes and scientific activities – invention and discoveries are meant for the welfare of living entities – humans, animals and plants.

Keywords: God, soul, body, interdependency, materialistic, spiritualistic, effort.

1. Introduction

The creations of supreme Lord are amazing and incredible; and the interdependent network process are authentic and accurate even up to picopico level. The intricate depended processes are unimaginable to humans. As per Indian vedic scriptures, He created eighty four Lakhs (84 Lakhs) living entities, (54 Lakhs in animal kingdom and 30 Lakhs in plant life). All living entities are possessed with one individual soul, super soul and one body¹. The individual soul is the identity of individual entity where as super soul is the identity of supreme Lord through which the individual soul is indentified in the universe. The living entity exists as long as the individual soul persists. All our efforts are to protect and safe guard the soul for longer and better life on this earth.

Soul & Body

The soul is subtle, conscious concept entity of living body. It is a formless, massless spiritual wave pocket. The way, the Sun illuminates the whole universe by light, the soul situated in the heart illuminates whole body by consciousness. The soul is neither breakable nor burnt by fire; neither be created nor destroyed, but it changes one form to another at the time of death. It continues to move from one body to another as per the law of karma; and continues to move higher levels with increasing of positive karma (Deeds). The supreme Lord says out of millions of people only one person reaches Him¹. The one whose soul reaches abode, he will be permanently residing in heaven. In this context, at the time of death we pray “May the Soul be rest in Peace”.

*Correspondence: Dr. Domadala Pramod, Mahatma Gandhi National Council of Rural Education, Hyderabad, MHRD, Govt. of India, India. E-mail:dpramod61@gmail.com

The body is materialistic form consists three states of matter-solids, liquids and gases (bones, muscles, blood and air). We enjoy happy and joyful moments with the body in presence of soul. The moment the soul is disappeared, the body becomes unconscious and he said to be dead. As long as the soul resides, we call him with a name and when it disappears, we call it is a dead body. The dead body after sometime becomes unpleasant and harmful in the house, so we keep it in the graveyard so that it unites with its natural primary cosmic elements.

2. Efforts for Comforts

Every living body possess a soul, mind and sense organs. The degree of intelligence of mind varies animal to animal. The soul is a conscious and spiritualistic part of body whereas the mind is materialistic, interacts external world with sense organs to please the body. The sense organs seek bliss and pleasure, always to be in comfort zone, whereas the soul is your entity, seeks nothing but it carries your good and bad deeds (karma) to the next birth. When a soul takes a birth in the material world, one day it takes death also. The birth and death are continuous processes.

All living entities put efforts to retain the soul in the body for longer period of survival on this earth. The parents struggle to save the child as well as to give good education. Once they are grown up, they hunt for good employment for comfortable stay for self as well as for their own children. They all struggle day and night, run pillar to pillar; hospitals for medical treatments and temples for final blessings of God to protect the body and soul to avoid death by any means when they are in severe problem. Sometimes even they go to charitable trusts for giving donations and perform yaganam (yagas) to please the God.

The creations of the supreme Lord are so complicated that one (he) cannot protect individually by himself as he is trapped in the material nature of interdependency network system of space, time and energy. He has to put efforts to seek the help of others to reside in the materialistic world.

3. Interdependency System

One who takes birth in material world, he is entangled in the complicated dependent system of cosmic elements (air, water, sky, light and earth), other living entities, parents, family members, relatives and friends in the society. The environment – animals and plants, types of food and activities in the society. The type of education in the schools and colleges and culture acquiring in offices, restaurants and gambling centers . He has to struggle hard to get the good medical treatments from hospitals; and comfortable houses for residing and transport system to travel, are essential to protect the body and soul. People are secured and comfortably residing in the state because farmers growing food items, soldiers are doing their job on the country border and good

governance in the country. Hence no one can stay independently and everyone is bound to reside in interdependency system.

The spiritualistic soul is residing in the materialistic body. The activities and efforts which are to protect the body and soul may be classified into two types - materialistic and spiritualistic in nature.

a) Materialistic efforts

One who puts all his efforts materialistically in the clutches of Maya as per his whims and fancies to satisfy the sense organs, he may survive comfortably in the present birth, but he may either be in the same level or he may go down to lower levels worse than the present birth in the next life as per his law of karma.

b) Spiritualistic efforts

One who puts all his efforts materialistically as well as spiritually in balance way and works against Maya and who controls the sense organs, who looks after the body carefully by performing yoga, meditation, who takes in satwik (vegetarian) food and who always be in the mode of goodness (satwaguna), who involves in devotional services, helping needy people, who protects the body and soul, he may survive for longer period without any diseases and his soul may carry positive karmas (deeds) to the next birth which may lead to higher level.

4. Conclusion

The God's creations the living entities- humans, animals and plants, and the interdependent system with five cosmic elements are meant for self-reliant and the activities and efforts are protect one's own soul & body and help each other to live comfortably in the present birth and elevate to higher levels in the next birth.

References

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