Essay

# The Quantum Body, Mind & Spirit of Man

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#### **Abstract**

The quantum consciousness paradigm explains there is no present, future and past but only a constant present. The quantum mind is responsible for the paradigms being constantly renewed, because the level of consciousness in the human is growing, awakening and evolving. The human kind is always evolving and what was called before religion then becomes science in modern times. Everything is connected in the universe, and we are just part of this great network of connected consciousness that are becoming aware of this great reality. The mind is a product of the manifestation of who we are, uses the analog of computer hardware called brain, (three-dimensional manifestation), to be able to interact in the third dimension. Energy is needed, from universal mind (pre time and space) in order to mold the reality that everyone creates according to desire, decree and intent. This energy and information arise from the infinite fields of energy and information that encompass all universal creation. The biochemistry of the body is a product of quantum consciousness, feelings, emotions, thoughts and ideas, create reactions that sustain life in every cell. Our body is part of a universal body that in turn is part of the omniversal body. Our minds are part of the universal mind and in turn this is part of the omniversal mind. The origin of disease can be explained with the quantum model of man. The body at older age suffers from a transit failure and it does not reach all the cells creating a small chaos, causing confusion in some type of cells that do not get the correct information, those are the ones that become free radicals causing physical disharmony, also called disease. The article aims at using the quantum paradigm to explain human mind and body, and their interaction with the spirit, this last one as the main driver of existence for evolution purposes.

**Keywords:** Quantum mind, quantum Spirit, quantum physics, scientific God, spiritual science.

### 1. Introduction

From the moment the universal mind determined the existence of the creation, in that same nano-instant, the whole creation has already occurred, in its continuous present that we can only understand as present, past and future where we are only aware of the present moment (Valverde 2018). However, there is no present, future and past but only a constant present that goes in one direction (Valverde 2018). The past is just energy that already has been dissipated and recorded in

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the memory of the universe, the present is the current energy being absorbed by our system and the future is just energy that exist as a set of possibilities but has not yet been manifested in our present reality. A nano-instant of the absolute corresponds to all eternities in all dimensions. All the infinite and absolute possibilities of all beings have already occurred in the nano-instant of creation.

The absolute is the universal mind that in its thoughts gives life, creation and reality to absolutely everything that exists, existed, or possibly exists, whether this is measurable, or not, in all its infinite possibilities. The paradigms are being constantly renewed, because the level of consciousness in the human, they are growing, awakening and evolving exponentially in the ascending elliptic curve, which the absolute has determined for such events. The human kind is always evolving and what was called before religion then becomes science in modern times.

Thomas Khun (2011), in his change of paradigms, referred to the way in which current science perceives religion and how reality responds to that perception, be these realities formed in the fractal minds from the universe to the personal micro universes. A change of paradigms is then a change in the way we perceive our own reality, and this causes a change itself as part of the continuous system of the absolute (Valverde 2016). We receive by fractal inheritance, in our own body to what is analog to a computer operating system, a replica copy of the universal whole, which allows us to be in a network with everything in the absolute and in everything, from the first dimension to the infinite afterwards, both in sequences and in parallel universes as described by Tegmark (2003), since everything has always existed, through the work and grace of desire, of the decree and the attempt of the absolute. Everything is connected in the universe, and we are just part of this great network of connected consciousness that are becoming aware of this great reality.

The mind as a product of the manifestation of who we are, uses the analog of computer hardware called brain, (three-dimensional manifestation), to be able to interact in this plane of existence, called the third dimension, using the thoughts as elements of process to be able to evaluate the unique reality, indivisible of one's personality (Valverde 2016).

## 2. Quantum mind, body and spirit

The union of the hardware, (brain) and the computer operating system, (our own spirit), is as a set of experiences and knowledge that is the product of the course of the series of events through which we have spent as much as humanity as individuality, together with the primal energy that supports us, and the sustaining energy of the universe in its fractals, allows manifestation to be in all planes of consciousness. This produces what, and who are we.

Then energy is needed, from universal mind (pre time and space) in order to mold the reality that each individual creates according to desire, decree and intent. From the absolute to the quantum

particles in their center of light that is the source of all reality (Valverde 2018).

Reality is a function of the perception of it, and this is part of the conscious momentum. It is known as social conditioning, induced function in which we all end up agreeing to participate, and that must be added the inheritance of our ancestors and all the genetics included in the coding of DNA (programming attached to our own operating system).

The physical world reality is only a recreation of the observed (Valverde 2018). We create the body and our reality, as we create the experience of our world in its different dimensional manifestations. In its essential state, (atomic, or sub cosmic microcosmic), the body is formed of energy and information, and not solid matter, this is only a rickety level of perception (Hu & Wu 2010).

This energy and information arise from the infinite fields of energy and information that encompass all universal creation (pre-space and time) (Valverde 2018). The mind and its bodies, from the physical to the spiritual and its multiple multidimensional manifestations, are inseparably one that is the unit ........... "I am".

This unit "I am", can be separated it in two streams of experience. We experience it first as a subjective matter without thoughts, concepts, ideas, feelings, emotions, and desires. Then we experience it with objective matter, we experience it as a physical body, but nevertheless on a deeper level, the two currents are in a single creative source, (essence), and it is from this, where we manifest and have our being.

The biochemistry of the body is a product of quantum consciousness, feelings, emotions, thoughts and ideas, create reactions that sustain life in every cell (Valverde 2018). The material things of the world are shadowy reflections of invisible but more substantial spiritual realities (Urantia 1994). The perception of something, seems like something automatic, but this is a learned phenomenon, if you change your perception, you change the experience of you, since it only has reality in your capacity of interpretation, be it at the conscious, subconscious or supraconscious level and therefore of this world (Valverde 2016). Transpersonal Psychology has used these concepts to help people to transform themselves by changing the way they perceive things (Valverde 2016).

There are impulses of intelligence that create your bodies in new ways every quantum micro-instant. What you are equals the total sum of each quantum impulse, by changing these schemes you change. Although each person seems as separate and independent, we are all connected to the patterns of the universal intelligence, or also called the absolute or in local terms known as God (Valverde 2018).

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Our body is part of a universal body that in turn is part of the omniversal body. Our minds are part of the universal mind and in turn this is part of the omniversal mind. The real time exists only as the eternity of the continuous present, it is the quantified eternity, it is the timelessness cut by us into pieces, or fragments of time that we call days, hours, minutes, and seconds (Valverde 2018). What we call linear time is only a reflection of our way of perceiving the series of events, or changes in which our limited perceptual system is wrapped by the deficient use of the brain - neuro - spinal system. The sequential time is given by the lack of capacity to process all the data experienced simultaneously, which would give course to what is called continuous present (Polisena 2017).

Then the data series of the sequences of the perceptions are processed in the brain according to their own processing capacity. If you could perceive the immutable being, time would stop being perceived and measured as we know it, we would have to learn to change the ability to process data and its complexity of the process, in order to increase the level of consciousness.

When looking at the electron, we are looking at our microcosm, there we see how the particles quantum manifests in a symphony and intelligent orchestration at speeds far superior to that of visible light, if we turn to the sky, we will see the immutability of the whole, or macrocosm. There is a core of being, an energetic field of immortality that creates the self as essence, and also manifests as the physical body. This nucleus is the being that is, the I am, the essential being or spirit, primeval seed, which is contained in an atom called seed. We are seeds of essential eternity in this scenario of quantum eternity (Valverde 2018).

This is the base seed of the new paradigms proposed by Max Planck, Maxwell, Faraday, Heisenberg, Schrodinger, Bohr and Einstein among many other pioneers of quantum physics. They understood that the way of seeing the world in their time, was very false, you are more than your limited apparent body, yourself and your personality.

The rules of the principle of cause and effect as we know them, have gotten us into the volume of a body and the duration of human life. In reality, the field of human life is open and unlimited in its deepest quantum plane.

The body lacks age and the mind of time, we are immortal and timeless. Once we identify with that eternal and congruent reality, with the vision quantum of the omniverse, we will enter the new paradigms of quantum consciousness (Valverde 2018), this will expand in its omniversal, radial, exponential and dimensional fractals.

We will be consciously modifying the internal program, based on our own operating system (spirit) each particle of the omniverse, turns out to be a ghostly bundle of energy that vibrates in an immense apparent emptiness, the quantum field is not separated from us, ... "it is us", that is where the universal mind creates stars, galaxies, leptons, quarks, among all creation. Just as Jesus

said, the kingdom of God is within you (Luke 17:20-21).

The human body and the entire cosmos are created and recreated every nano-instant, the body is a flowing organism and potentiated by billions of years of intelligent experience. This intelligence is dedicated to supervising every nano-instant, the constant anthropic and entropic change that takes place in each one of us (Valverde 2018).

Each cell is a miniature terminal connected to the cosmic computer or omniverse mind that we call God. The cells of a baby are new biochemical formations, but the atoms that make them up are not, they have been circulating around the universe since the beginning of time, for thousands of millions of earth years. The baby is new at the mercy of the invisible intelligence (spirit), which has joined that atom seed and its operating system to give life and unique form of human life.

Every second in each of the baby 's cells, trillions of reactions are all controlled by that unique intelligence called essence or spirit that has its own program and operating system. Quantum mechanics tells us that there are no endings for the cosmic dance, the field of energy and information of the omniversal primal intelligence that never stops manifesting itself, of transforming itself, becoming something new at each nano-instant.

Our multidimensional body obeys that same creative impulse to maintain life. The body must be kept in constant change, the skin is renewed cellularly once a month, the liver every six weeks, the skeleton every three years, at the end of every three years most of the body has been renewed, (except the atom seed or soul) (Chopra, 2003). The atoms of the body are no longer the same, they have been renewed, but the human being remains the same, this indicates that it is the holographic field that unfolds the seed atom that forces each atom of the body to fulfill its function to configure a specific body. Only physical death when the gravitational holographic field ceases is when the atoms of the body are dispersed, and cell disintegration occurs.

## 3. Quantum physics, diseace in men and perception of reality

The origin of disease can be explained with the quantum model of man. The body from the age of about thirty, the information that comes from the seed atom suffers from a transit failure and it does not reach all the cells creating a small chaos, causing confusion in some type of cells that do not get the correct information, those are the ones that become free radicals causing physical disharmony, also called disease. This seems to be part of the design of the men's body, but it might be able to be changed with the consciousness of man (Chopra 2015).

Formal science has advanced to the point that the ancient knowledge of our mystical masters, can already check. The spiritual teachings finally have explanation, without ceasing to be the wonderful thing that has always been considered. Schure (1989), the philosopher once said, "the day will come when science, technology, religion and spirituality will shake hands, and realize that

they are the same".

There is no world independent of the observer (Valverde 2016), Everything is an illusion, everything is relative, and it is according to the perception that everyone has of things, it is false to say that there is an independent world.

The world is a reflection of the sensory and conceptual apparatus of the neuro-spinal brain system that registers it. Our dormant system only interprets one part per billion. of what vibrates in the quantum universe. A bat perceives the world through ultrasound, the snake perceives its reality by heat frequencies in the octave of the infrared, bees perceive it in ultraviolet light frequencies.

Outside there is only data and intelligent information, waiting to be interpreted by the perceiver. We take from the quantum soup, the energy flow with radically ambiguous information, and we receive it and through the sensory apparatuses, we select it to be interpreted by the neuro-spinal brain system, creating the own reality, according to the capacity and programming that let's have and arrange for it.

We form figures and geometric shapes in our mind using the magnetic fields programmed by the laws of geometry, to turn it into a three-dimensional solid. Incredibly, one can change the world, including the body, if one can change the perception. Perhaps this last can be the key to cure disease in men.

At this moment, our consciousness is dedicated to creating the body, from the operating system without conscious awareness of one, what we call autonomous or limbic system. This is designed to handle the functions that have escaped the limited consciousness with which we form our concrete reality. In the realities of the new paradigms we can recognize that the material we call solid of our three-dimensional physical bodies are mere illusion.

This field of physicality we call solid, is composed of organs, which are composed of tissues and these in turn from cells that are formed by molecules and these of atoms, which in turn are formed by protons and electrons, which are formed by quarks or quantum particles or quantum.

Mechanics and quantum physics assert that atoms are almost empty space, the particles that make up matter act by an order because information and receive energy to travel at speeds light that quantum space, which leads us to understand that what we believe is solid matter is only energy executing a job, due to intelligent programming that determines and defines them (Valverde 2016).

Thus, a group of vibrations, with order and sense in a certain frequency, rhythm and tone can be encoded as atoms. Each atom has its abstract codes that vibrate in the great quantum soup and to which they respond. The space called empty is printed with intelligent information that even before manifesting it already contains it in a dormant state of being in a myriad of possibilities and

alternatives. This is the quantum space that forms when called human and all the matter that contains it.

Just as in brain memory, there are millions of words, ideas, concepts and thoughts, without which we manifest them, in the quantum field of the universe, all the information contained in an unexpressed way in a state of potentiality, but already existing in the reality of absolute.

Therefore, the essential matter of the universe as the own body, is no matter, no thinking, intelligent matter in different states of dimensional conscious manifestation ...

Our realities change as we allow ourselves more freedom of thought, of feeling, of emotions of opening the mind to allow us the possibility that our senses and mind show us an unlimited universe, with its infinite possibilities of being and being.

Edelman and Tonomi (2000) think that the whole universe is one living organism with full conscious awareness of self. The consciousness of our universe is responsible for the form and purpose that all matter assumes. Carl Jung (1981) found that there is a collective unconscious connected to all humans. This means that all humanity shares a single mind with one another. This is evident in the world through accounts of shared mythology and symbols. This collectivity is a global example of the unconscious mind of the human body in which billions of cells share a similar signal. Human consciousness is an electromagnetic energy field; this could explain many paranormal phenomena such as telepathy and clairvoyance that seem to probe this.

#### 3. Conclusions

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The paradigms are being constantly renewed as we develop our quantum consciousness. The human kind is always evolving and what was called before religion then becomes science in modern times. The mind uses the analog of computer hardware called brain to be able to interact in this plane of existence, the union of the hardware, (brain) and the computer operating system, (our own spirit), is as a set of experiences and knowledge that are timeless and represent who we are. Reality is nothing more than molded energy coming from the Universal mind and manifested according to our intentions and desires. The biochemistry of the body is a product of quantum consciousness and shadowy reflections of invisible but more substantial spiritual realities. Although each person seems as separate and independent, we are all connected to the Universal mind and possess a quantum system that is immortal and timeless.

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