

Essay

Encounters with Non-Human Intelligence in Mexico, Altered States of Consciousness & the Quantum Consciousness Model: The Alberto Zecua Case

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Abstract

Recently, several people in Mexico have revealed their encounters with non-human intelligent beings. Many times, these encounters have the purpose of revealing information related to spirituality, consciousness and cosmology. The quantum consciousness paradigm explains that our consciousness is immortal, non-local and can work independently of the physical brain and supports a multidimensional view of the human mind. Experiments in altered states of consciousness have been conducted during decades to explore the quantum consciousness model paradigm mainly to induce states that distort time space perceptions to explore the multidimensional nature of consciousness. This article aims at showing how the teachings of the non-human intelligence contactee Alberto Zecua in Mexico support the idea of altered consciousness as way to alter our reality and several of the concepts of the quantum consciousness paradigm.

Keywords: quantum consciousness, altered states of consciousness, quantum physics, scientific GOD, non-human intelligence encounter.

1. Introduction

For many years, people have reported non-human intelligence encounters in Mexico. Many of these encounters, according to the contactees, are meant to teach us about the origin of human life, evolution and cosmic plans. These models proposed by these encounters seem to be consistent with the human quantum consciousness model proposed recently by many scholars (Valverde 2016, Hameroff 1994, Penrose, R., & Hameroff, S. 2011).

The intention of the paper is to present the models discovered through research on contactee Alberto Zecua in Mexico and a comparison of these models with the quantum consciousness model that explains that our consciousness is immortal, non-local, and independent of the physical brain which supports a multidimensional view of the human mind. The paper also explains how the quantum consciousness model paradigm is connected to altered states of consciousness and

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scientific references are provided to support these concepts.

2. Quantum Consciousness Model

According to quantum physics, the physical world and its reality, is just a product of our observations. We create the world that we experience through our perception of it. In its essential state (atomic or cosmic subquantum micro), the body is made of energy and information, not solid matter. This is energy and information arising from the endless fields of energy and information spanning the entire universal creation.

Penrose (1994) attacks and almost ridicules those who argue that the artificial intelligence of computers can reproduce human attributes, including consciousness. Penrose, based on the mathematical theorem of Gödel and his subsequent elaborations, concludes that no deterministic system, based simply on set rules, can explain the creative powers of the mind. This nullifies the claim of classic physics, computer science, neurobiology, etc., to structure themselves into a complex deterministic phenomenon of consciousness. Penrose says that only the peculiar characteristics of non-deterministic quantum physics could begin to explain consciousness, within a theory that involved quantum phenomena, macro physical and conditions of non-locality. It is important to note that local conditions are not known in quantum physics, quantum systems are non-local, this means, instant communication instant parts, without being time duration between communication of an event from one point to another system. The model proposed by Penrose proposes a concept of the Universe as "Nonlocal", at the quantum level everything that happens in a corner any of our cosmos is immediately 'felt', "meaning" for any another.

Penrose also indicated that probably is in the microtubules, the microscopic tubes that form the skeleton of cells included in the neurons, where the complicated interactions occur at the quantum level and this gives their "magic" character, "mysterious" from the point of view of science, what we call consciousness.

Quantum physics explains that at the quantum level, particles that come from the same source are entangled regardless of space and time (Hu & Wu 2010). This means that two entangled particles can affect and communicate with each other instantaneously regardless of the space between them. The trend to explain consciousness by applying quantum theories has gained popularity in recent years. In Valverde (2018), we proposed a model based on quantum theory and supported with lab experiments with the seven proposed statements are:

1. What consciousness is able to perceive with its five senses is not reality. Quantum physics has shown that space and time are illusions of perception. Our body cannot really be a reality if it does not occupy most of the space it seems to occupy, quantum physics revealed that the shape of the interior of an atom is almost entirely empty space and that matter is made of concentrated vibrating energy. Time is also an illusion and it represents a sequence of linear events that the brain generates based on perceived energy around every 25 milliseconds.

2. The model proposes that consciousness is non-local and can work independently of the physical brain. Nonlocality or “action at a distance” is the nature of consciousness. Human Consciousness is non-spatial and non-temporal and not in the brain but in prespacetime. Consciousness is multidimensional, it can exist outside the three-dimensional reality.
3. The model explains that we live in a collective consciousness that connects all the consciousnesses of the universe to the supreme consciousness.
4. Consciousness is likely play important roles in quantum effects such as in the wave function collapse, this is the foundation of the reality that we perceive.
5. Conscious intentions likely have physical effects on matter at distance due to the entanglement quantum effect.
6. Materialistic theories for the explanation of consciousness are likely invalid (Neuroscience).
7. Brain is a computer processor and interface between human Consciousness and the external world.

3. The quantum consciousness model and Zecuas’s Alien encounter

Alberto Zecua claims that this knowledge has been given to him by various non-human intelligent beings over several years of contact. Zecua is an electronic engineer who asserts that after several years of living in the countryside, he began to receive messages and teachings from various races of non-human intelligent beings, mainly from Andromeda. The main contact modality used by Zecua was physical in face-to-face communications in his ranch located in Mexico in an area close to Mexico City. Zecua claims contact with human looking and reptilian type of beings and mainly by physical face to face contacts. He calls this knowledge psychotronic. He even teaches courses on this knowledge, to a select group of students.

The author attended a course given by Zecua and the following is based on notes taken during this course. In this course, Zecua teaches that the physical is not the only thing we have and that there are other levels or dimensions that we still need to develop. In addition, he teaches that there is a Supreme and Governing Consciousness, which humans call GOD. There is also a cosmic fraternity (to which advanced spiritual beings belong) and a white brotherhood (where Jesus and the great Masters who have been on this planet are). This is consistent with the Quantum Consciousness model (Valverde 2018) that explains that we are all linked to the Supreme or Universal mind.

According to Zecua, the human being in his quest to find his communion with the supreme consciousness, eagerly searches for the truth to reach a higher degree of consciousness. He searches various religions, he searches metaphysical, spiritual, and scientific knowledge of the

mind for access to the illumination of his conscience without suspecting that he carries within him the truth and the wisdom he seeks. This is consistent with the teaching of Jesus in the Gospel of Thomas, "If your leaders say to you, 'Look, the (Father's) kingdom is in the sky,' then the birds of the sky will precede you. If they say to you, 'It is in the sea,' then the fish will precede you. Rather, the (Father's) kingdom is within you and it is outside you. The inner knowledge is "the GOD within" (Valverde 2020) (Valverde 2019).

According to Zecua, consciousness has two key energies: Love and intention. Love is of magnetic characteristics and intention of electrical characteristics, both inseparable in the universe. Where there is magnetism there is electricity and where there is electricity there is magnetism, from our level and towards the various levels. We will find this principle that is the foundation of the law of universal gravitation, the essence of all physical or astral energetic manifestations. and therefore, the very presence of pure consciousness. This is consistent with Bauer (1920) that correlates terrestrial magnetism with atmospheric electricity.

According to Zecua, pure consciousness is equal to the law of universal gravity. Hu & Wu (2007) propose that gravity originate from pre time space and it is conscious. Zecua states that this energy also knows that it exists, but it is pure consciousness therefore it can be said that it is the consciousness of the universal mind. Also, according to Zecua, the universe is mental, everything is mind. We are immersed in a reality of bubbles of quantum energy, everything is vibrating and there is no emptiness in the universe. It also adds that everything that exists in this world has a frequency with which it is vibrating. For example, water appears in different states: liquid, solid and gaseous, due to different frequencies of vibration. We, through meditation, can achieve a different vibrational frequency. Our proposed quantum consciousness paradigm also states the same concept that everything in the universe is vibrating energy (Valverde 2018).

Zecua also teaches that what we see is a reality created with our mind, that is why each people builds their own reality, thus creating their mental universe. This reality can be modified with our mind. To activate the mechanism, we must first accept that everything is possible, without a doubt. Accept that we can modify the circumstances that we do not want to live, change with a mental image and a firm feeling that we want to change. We should live according to what we want and respectfully ask the supreme conscience for his action, it is the universal mind who modifies things, transcending all the laws of our level. This is also consistent with our proposed quantum consciousness model that proposes that consciousness is primary in the creation of reality and that is connected to the universal consciousness (Valverde 2018).

Zecua also teaches the concept of unity that is part of our quantum consciousness model (Valverde 2018). Human beings have two ways of expressing their energy. One is through thought and the other is by observing. Unity is key for connection with the universal mind, when you meditate, you have to decree my father and I are the same person at the end of your meditations to unify your consciousness with the universal mind through quantum entanglement.

According to Zecua, what moves the ignition of our mind is "faith", that is to say that we must have full confidence and never doubt for a single moment what we do or want. Our brain does not store verbal orders or thoughts in its memory, but receives images and feelings, then it can be reflected with an image and a feeling what you want to be granted and reflected on the physical plane. We must remember that our mind has no limits, therefore, there is no limit to achieve anything we want to achieve. This is consistent with Matthew 17:20: "Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

Zecua teaches also that everything that exists knows that it exists and knows why it exists. Everything in the creation has consciousness. There are different levels of consciousness in the creation. If we look at figure 1, a flower is more conscious than a grain of salt, an ant is more conscious than a flower, a dove is more conscious than an ant, a rabbit is more conscious than a dove, a lion is more conscious than a rabbit, a human is more conscious than a lion, the planet is more conscious than a human, a galaxy is more conscious than a planet, a universe is more conscious than a galaxy and the cosmos is more conscious than the universe.

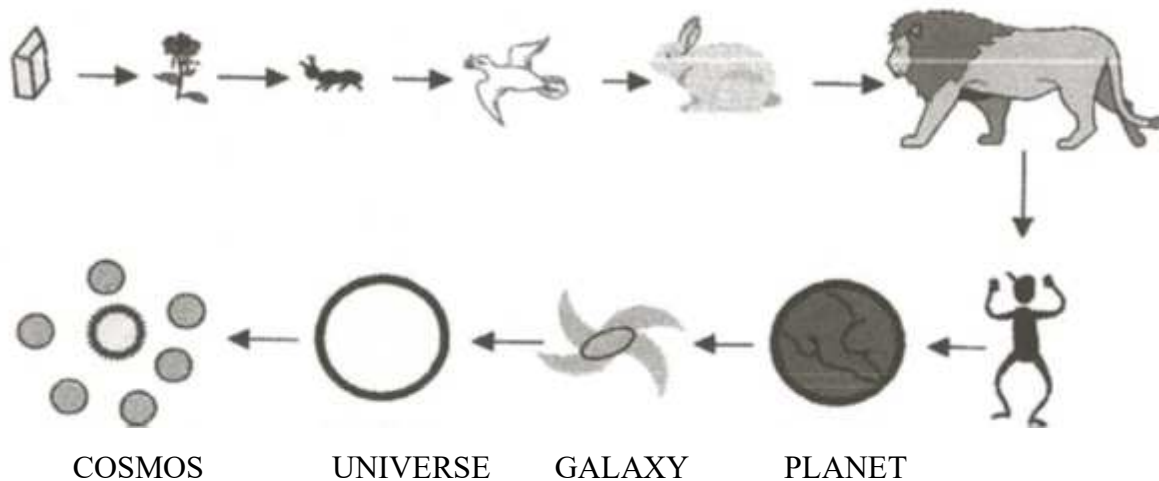


Figure 1. Different Level of Consciousness

According to Zecua, the dual universe in which we find ourselves is multidimensional and we only know a small part of its laws. This is also proposed by our quantum consciousness model that proposes that our consciousness is multidimensional (Valverde 2018).

According to Zecua, in ancient times energy levels are known as first heaven, second heaven, third heaven, fourth heaven etc. Pour Hasan et al. (2014) talk about multiple heavens that are referred in the Bible and Quran, these scriptures talk about the multiple heavens that exist. However, Zecua explains that today we call them dimensions like third dimension, fourth

dimension, fifth dimension, sixth dimension, etc.

Zecua explains that we incarnate in the third dimension to pass to the fourth dimension. For this, we have to go through the seven inter-dimensional spaces to get to the fourth dimension. To continue our development to the fifth dimension, it is necessary to evolve our mental performance.

Zecua also explains that there are sub-atomic particles called quantum, which nourish the existing energy. These particles are the same as the Prana that are referred in Hinduism. According to Tumminia & Lewis (2013), Prana is the spiritual breath of life. The Quantum (figure 2) is the primordial corpuscle of energy.



Figure 2. Quantum

Normal states of consciousness can be defined as the state of consciousness you experience when you are awake and aware of your thoughts, feelings and perceptions from internal events and the surrounding environment (Hunt 1983). In normal or ordinary states of consciousness, the quantum aligns as in figure 3.

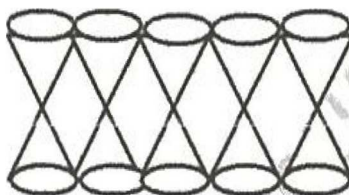


Figure 3. Quantum alignment in ordinary state of consciousness

According to Zecua, quantum energy is pre time and space energy that is used by our consciousness to create reality. In a normal state of consciousness, time is perceived in a linear fashion as indicated in figure 4. We perceive time as past, present and future linear sequence of events.

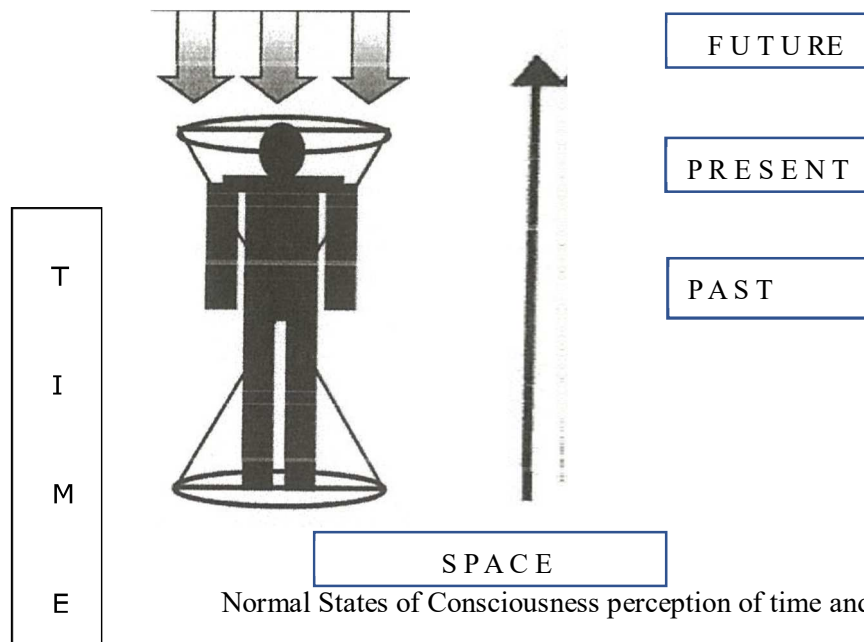


Figure 4.

Zecua explains that when you meditate and connect with the universal consciousness by using quantum entanglement, the quanta align as in figure 5. In this way the gravitational energy that nourishes the universe is manifested. These circles of quanta are placed around us, through which they let the cosmic or GOD energy pass. Zecua also explains that GOD encompasses all his creation. The creator thinks of his creation and the creation thinks of his creator. The human form is the one that experiences the creation to evolve to high levels in spirituality.

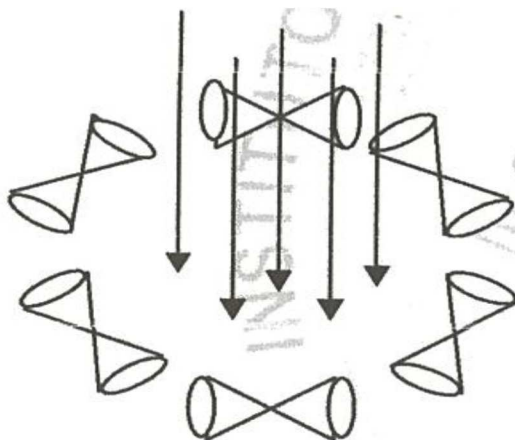


Figure 5. Quantum alignment in non-ordinary or altered state of consciousness

Ludwig (1966) defines a "altered state of consciousness" (ASC) as any mental state(s) for various physiological, psychological, or pharmacological agents that can be recognized subjectively by the same (or an objective observer of the individual person induced) as

representing a sufficient deviation in the subjective experience. This deviation can be adequately represented by a greater concern than usual with internal sensations or mental processes, changes in the formal characteristics of thought, and varying degrees of deterioration of the reality test.

The most well-known and widely practiced ASC is meditation, which is now practiced in universities, colleges, and schools. Individuals realized as early as the cavern era that focusing on a single stimulus, such as sounds or breathing, produces a unique type of consciousness. Hardt and Kamiya (1978) discovered that in subjects who practiced meditation, alpha activity was more pronounced in the frontal and top of the head, despite the fact that these wave trains are more common in the occipital region.

Grof (1988) proposed that the term "altered states of consciousness" encompass transpersonal experiences; however, some types of altered states of consciousness do not meet the criteria for being transpersonal (involving an expansion or extension of consciousness beyond the limits of the usual and limitations time and space). A living and complex childhood memory, for example, occurs in an altered state of consciousness (e.g., hypnosis or psychedelic sessions), but does not meet the criteria for being transpersonal.

Transpersonal psychologists generally regard "mystical union," "enlightenment," "nirvana," and similar experiences as natural and beneficial non-ordinary states of consciousness that may be subject to the effects of state-dependent learning. The notion that the sacred can be interpreted as altered states of consciousness arose from the observation that (a) psychedelic drugs have been used to induce religious experiences throughout the centuries and cultures, and (b) reports from some drug experiences are phenomenologically (descriptively or experientially) indistinguishable from accounts of natural mystical experiences (Doblin, 1991; Grinspoon & Bakalar, 1997; Smith, 1964).

In theoretical physics, Penrose (1971) proposed a diagram that is a two-dimensional diagram capturing the causal relations between different points in spacetime through a conformal treatment of infinity. According to Zecua, when we enter in altered states of consciousness, we can change the orientation of the quantum energy of the Universe and enter is a state that is beyond time and space. Although, we do not generate the energy, the gravitational force on our plane is pure consciousness and matter is gravitationally trapped in light. In order to have better control over it, we have to meditate, pray or practice mindfulness.

This statement is supported by Penrose's geometry theory (1971). In these states, time and space are distorted and we perceive the reality is a different way, time is no longer linear, and space does not longer exist. This is depicted in figure 6.

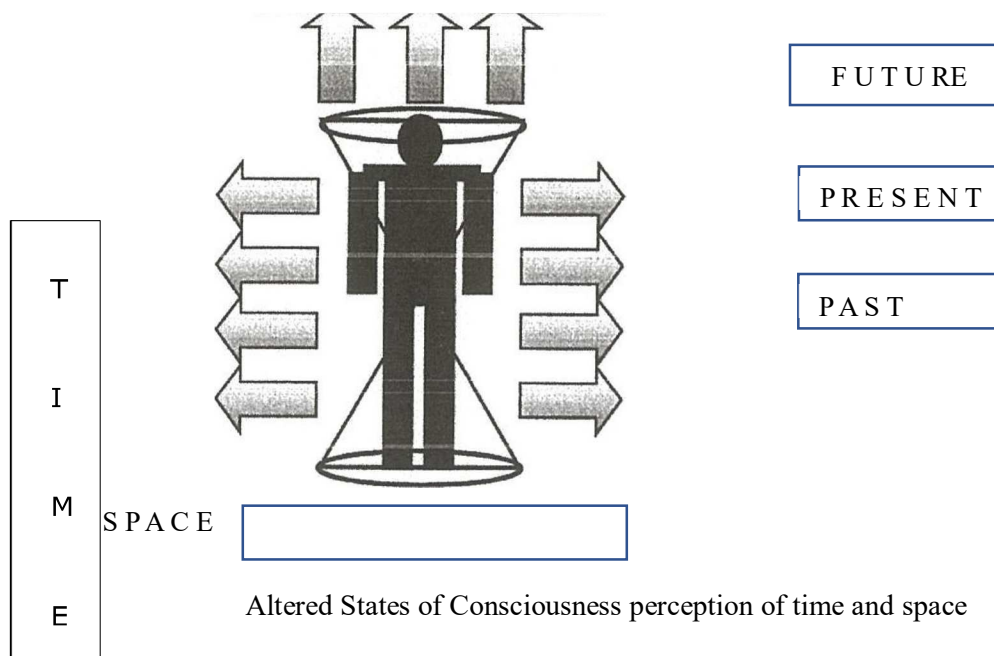


Figure 6.

Altered States of Consciousness perception of time and space

4. Conclusions

In this article, a quantum consciousness model with seven principles is presented and its similarities with the teachings of Alberto Zecua in Mexico are highlighted. The teachings of Alberto Zecua explain that gravity energy is pure consciousness, and it can help us to alter our reality if we connect to it by using different mechanism such as meditation. The teachings of Zecua confirm that we create our own reality by manifesting universal quantum energy, but we can also modify it if we are able to control our mind with mechanisms such as faith. The article is meant to open the eyes of the reader to the quantum model of human consciousness that gives us a completely different view of the nature of human consciousness. The article also presents the efforts from non-human intelligent beings outside our reality to bring this information to humanity with the purpose of our evolution and better understanding of our nature.

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